



Akita's Judo Clubs 秋 柔 道 犬 道

Areas: Southend (SS18), Southend Leisure and Sports Centre, Gurno Park, Eastern Avenue SS2 4FA
 Areas: Dartford (DA19), Dartford Leisure Centre, 432 Little Wakering Road, Dartford, Kent, DA19 1JH
 Areas: Rainham (DA13), Rainham Leisure Centre, Priory Close, Rainham, Kent, DA13 9JF
 Areas: Thurrock (SS17), Thurrock High School, Southold Road, Thurrock, Essex, SS17 9LZ

www.akitasjudo.com

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May 15th & 16th **London British Open**
 May 16th **Ipswich Under 16s Age Band**
 May 22nd **High Wycombe Masters & NHC Junior Ref Course**
 May 23rd **NHC Red Belt Rumble, Eastern Area Dan Grading & Eastern Area Low Kyu Open.**

May 29th—**London Senior International**
 May 30th—**National Grading, Budokwai**

We will in future add all the next months events to a newsletter, so there should be no excuse! Here are the dates for June:

June 5th—**NHC Mini Mon**

June 5th—**Wild Woods Day, Hockley Woods**

June 6th—**Southern Area Kyu, Dan & Masters Open**

June 19th—**Shoebury Fair**

June 19-20th—**National Women & Girls Activity Weekend, High Wycombe**

June 20th—**South Coast Red Belt Rumble**

June 26th—**Kent Junior International**
 June 26th—**Wyburn School Fete**
 June 27th—**Kent Youth / Senior International**
 June 27th—**National Grading, Budokwai.**

Volunteer!

Akita's are a group of clubs that depend on one person—and that is you. We need and thrive because of each and everyone of you.

Some of you have plenty to offer the club, but simply don't let us know. Please ask, we want you even more involved!

Letterhead

Hopefully you all appreciate the work that has gone into securing the endorsements we now have. Any questions? Just ask—as usual :)

GB World Cup

Our favoured spectator event of the year now has tickets on sale—please ask at the club for details.

Sensei's Bit

April has been quick to say the very least; the judo has improved and the grading has proved this—but once again I implore all of you for more help. I am bombastic to say the least, but I desperately need even more help as I try to juggle full-time work, full-time education with at least 13 sessions of judo a week...

I also want to emphasise the importance of some of the events we have coming up; as a club we missed some major competitions despite me trying to get the information out. We have a club that is worthy of great medals, lets prove it!

Closure...

Another month to a close, but I'm sure you all agree it's another month to succeed in. Such is the buzz around the club at the moment, I can't wait to see what happens! Love you all, Bexs, Secretary Akita's Judo Clubs



Welcome to the Official Akita's Judo Clubs Newsletter

Issue 15, May 2010

GRADING! GRADING! GRADING! GRADING!

Still a delay, but we're catching back up!

The most important thing this month was the grading, and so a role-call:

1st Kyu: Anthony Gooding & James Hatt

2nd Kyu: Richard Burgess, Julian Esposito, Brian Palombella

5th Kyu: Sam Foss

6th Kyu: Terry Priest, John Ward, Patrick Noakes

13th Mon: Kyle Burgess

12th Mon: Tom Peck

11th Mon: Steven Eyres, Zachary Hughes, Charlotte Newbold

9th Mon: Emily Morris

8th Mon: Jack Bloomfield

7th Mon: Michael Green,

Brandon Jillins, Callum Connor Patten

6th Mon: Rachael Collom, Taya King, Max Savage, Sam Taylor

5th Mon: Scarlett Wood

4th Mon: Jake Brunning, Joshua Everett, Tasmin Hughes, Michael Teare

3rd Mon: Oliver Davis

2nd Mon: James Butson & Bob Morris

1st Mon: Abigail Knott, Scarlett Knott, Bradley Scarrott, Katie Winiberg

Kano 9: Daniel Jillins

Kano 8: Rhiannon Kenny

Kano 7: Jacob Barton, Thomas Bloomfield, Taylor Dennis

Kano 6: Charlie Patten,

Kano 5: Ethan Dennis, Emma Franch, Cassie Mullett

Kano 3: Reece Hardcastle

Kano 2: Rachael Brown, Elliot Hardcastle, James Hardcastle, Danielle Holland, Abigail Peppiatt

The grading officers were extremely impressed, yet again. However, it was stressed that players need to keep focus on the techniques on earlier grades, especially as this will make your personal choice much easier!

Akita's apologise for the wait for your certificates; the BJA received an over-whelming amount of grading information that weekend and with the Judo Diary being involved (as well as the Bank Holiday!), things simply got delayed.



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Dan Grading **AEJF Nationals**

April see another valiant effort at points for Dan grades. Sensei Adam, Chris Chapman, Joe

Whilst some of us were grading,



Goulding and I all ventured to High Wycombe for a National Promotion. Adam took 5 points after a line-up of 4, I got the best haul with 20 points, Chris and Joe empty handed as far as points go, but started to understand what was expected better and proved their own worth on the day.

Charlotte Newbold and Steve Mawdsley took Bronze and Tom Mawdsley took Silver at the AEJF Nationals in Pitsea. A good days work, a shame that more didn't take the opportunity, we thank the AEJF for the invite!

For those of you that do not know, for a dan promotion, you need 100 points plus your theory. We were all blank on the day, so we still have a way to go!

BJC (MAC) Nationals

At the beginning of this month we also had some members, that also attend Falcons Sonozon Judo Club (a BJC (MAC) club), attend their Nationals in

Norwich. Well done to two National Champions, George Goulding and Tom Peck and two runners up Joe Goulding and Callum Manson. We're all extremely proud of you all—especially as that's the club's old hunting ground!

Kano Scheme

Unfortunately, the BJA have ceased the Kano Scheme. It will be no longer possible to obtain a Kano license in the very near future. This is mainly due to the difficulties it has caused with coaches. However, as the club has embraced it so well, with the agreement of the BJA, we will be continuing to grade in this scheme and make everything still available for the foreseeable future.

Therefore, all under 8's will be graded in this scheme parallel to the mon scheme. This is in the best interest of our current and future players, please ask if you have any concerns.

This has also brought into play a new belting scheme for the Kanos. The thought of a red belt has been overwhelming for our Kanos, and so they appreciate their Kano grade they will be having striped belts. That is, Kano 1-3 will be represented with a white belt with a yellow strip running through it, Kano 4-6 a green strip, Kano 7-9 a blue strip. Some of our Kanos have

already been sporting these new belts and don't they look good?!

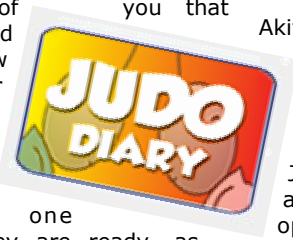
With thanks to Joe Nunn for the idea!

Birthdays

Happy Birthday to you, Sensei Adam! Chris Chapman, Mike Chapman, Paul Taylor, James Hardcastle, Taya King, Pat Noakes, Bailey Gregory. Owen Stoddart, Cassie Mullett, Ben Wheeler and Danny Warren!

Judo Diaries

The BJA have released the much coveted 'Judo Diary', and frankly we are well impressed! Those of you that have paid the new higher price for your licenses will receive one when they are ready, as will those of you that achieved 6th Mon at the last grading.



Purple Belt

This was a VERY difficult month to decide who the purple belt would be—but the decision is in, and well done Emily Morris! The comments made at the

grading about you were exceptional, keep it up!

Multi-Sports Club

Akita's are involved heavily in a new initiative working with the Southend East School Sports Partnership. Recently a proposal/bid from Aiming High was won to set up a multi sports club for children who have a severe sensory or physical impairment. The vision is to create a club whereby children will get the opportunity to take part in mainstream and Paralympic sports that are structured and delivered by high quality coaches.

Akita's will be running sessions on Monday 24th May, 21st June and July 12th—hopefully with many more afterwards.

Judo truly is a sport for all and this is a wonderful opportunity to show this whilst providing as much as we can. Sessions will be ran at Akita's Southend, let Sensei know if you wish to be involved.

Kata

We are one of only a very small number of clubs that hold a

regular dedicated kata session—every Saturday, 12pm-1pm. This is open to all ages, so please ask if you fancy a go!

We are organising a chance for you all to get your Level 1 in Nage-no-kata later this year; get down to practice to make sure you don't miss out!

Shudo!

You can't have missed the new venture at Shoeburyness High School, with the shortened name of 'Shudo!'. Our first night had 42 attendees, and our second over 50; so we are well on the way to building an extremely impressive club. Students of Shudo, we salute you!

This time next month we may well have another equally impressive new venture—look out for it...

Dates

Hopefully you are all aware already with this months events, but a recap:
 May 9th—**Girl & Women Only Session**
 Budokwai
 May 15th—**Badge Day, Senior Mass Randori, Junior Committee Meeting**